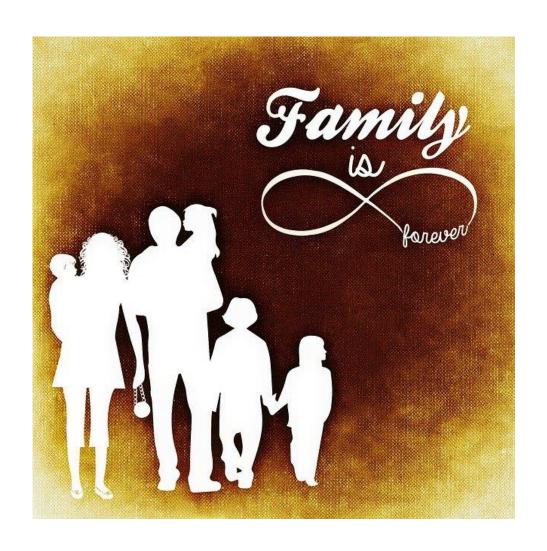


#### PARENTING GROUP

CNL 520 — Group Counseling By: Lori Brafford April 27, 2022

#### Parenting

- Positive approach
- Family
- Consistency
- Modeling
- Teaching
- Nurturing



# Population of group

Parents (present and future)

- Biological
  - Foster
- Adoptive
- Temporary
- Extended family

8 – 10 total participants

## **Screening questions**

Demographics

# Parenting Group Enrollment form Please complete the following information and return the form to Office Manager at ABC Therapy Group. Please keep in mind that your responses will be kept confidential. How do you wish to be contacted: \_\_phone call \_\_email \_\_text Do you wish to receive text reminders: yes no Who will be attending class: name/relationship Biggest area of concern in your relationship with your child? What type of class would benefit you: \_\_\_\_Thursday Daytime \_\_\_\_Tuesday Evening Child's first name

## Screening questions (cont.)

Preliminary screening questions.



#### Pre and Post Screening tool

- Utilizing the Parenting Scale of competence will help to evaluate the level of problem-solving abilities and motivation the parent is experiencing.
- Additionally, utilizing this tool during wrap-up of Parenting group will allow group member to identify change.

#### Parenting Sense of Competence Scale

(Gibaud-Wallston & Wandersman, 1978)

Ple	ase rate the exten Strongly Disagree 1	t to which you a Disagree 2	gree or disagree Somewhat Disagree 3	with each of the Somewhat Agree 4	following Agree 5	st	ate		ents Str Ag	ong	
	The problems of to					1	2	3	4	5	6
2.	Even though being a parent could be rewarding, I am frustrated now while my child is at his / her present age.						2	3	4	5	6
3.	I go to bed the same way I wake up in the morning, feeling I have not accomplished a whole lot.					1	2	3	4	5	6
4.	I do not know why it is, but sometimes when I'm supposed to be in control, I feel more like the one being manipulated.						2	3	4	5	6
5.	My mother was better prepared to be a good mother than I am.						2	3	4	5	6
6.	. I would make a fine model for a new mother to follow in order to learn what she would need to know in order to be a good parent.						2	3	4	5	6
7.	Being a parent is	manageable, and	d any problems a	re easily solved.		1	2	3	4	5	6
8.	A difficult probler doing a good job		ent is not knowin	g whether you're	e	1	2	3	4	5	6
	Sometimes I feel I I meet by own pe for my child.								4		6
11.	If anyone can fin the one.	d the answer to	what is troubling	my child, I am		1	2	3	4	5	6
12.	My talents and in	terests are in ot	ther areas, not be	eing a parent.		1	2	3	4	5	6
13.	Considering how with this role.	long I've been a	mother, I feel th	oroughly familia	ır	1	2	3	4	5	6
14.	If being a mother motivated to do			sting, I would be	:	1	2	3	4	5	6
15.	I honestly believe to my child.	l have all the si	kills necessary to	be a good moth	er	1	2	3	4	5	6
16.	Being a parent m	akes me tense a	and anxious.			1	2	3	4	5	6
17.	Being a good mo	ther is a reward	in itself.			1	2	3	4	5	6



# Family culture

- Cultural preferences
- Potential barriers

### Parenting group goals

- Group goal
- Individual goal

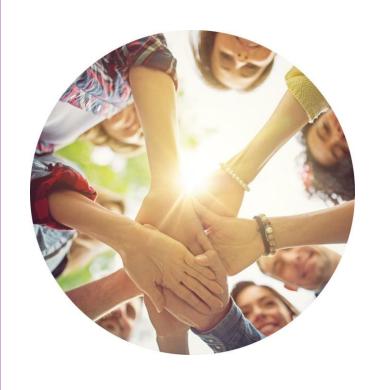


# Parenting group Objective



Theoretical approaches used





# Group closure

Summary Reflections After-care



#### Conclusion

- Parenting is fun
- Parenting is a collaboration
- Parenting can build healthy children



# QUESTIONS?

#### References

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